

[EarthBeat](#)

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September 4, 2019

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Take a moment to reflect on the photo.

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Do we really need more than this?

To honor the dawn.

To visit a garden.

To talk to a friend.

To contemplate a cloud.

To cherish a meal.

To bow our heads before the mystery of the day.

— **Kent Nerburn**, *American author of books and essays on Native American and American culture and spirituality*

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Ponder this simple question: Do you have Enough Stuff for now?

— [Postconsumers.com](http://Postconsumers.com) is promoting this intriguing question. #EnoughStuff

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Special thanks for those who model simplicity

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## **Season of Creation Daily**

pause | reflect | act

**Editor's note:** [Season of Creation Daily](#) is inspired by the Care for Our Common Home Ministry, Paulist Center Boston. To receive daily reflections by email, [sign up here](#).

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