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Second week of Advent theme—Money

Day 9: Monday, Dec. 7

This week our reflections will be centered around the theme of simplicity and money. They ask ourselves if how we accumulate and spend our money aligns with our values and brings more abundant life.

REFLECT

What do we worship? The Gospel of Matthew warns us, "For where your treasure is, there your heart will be also." (Mt. 6:21). All too often our treasures lie tucked away in the department store sale ...

We need to look at our patterns of consumption and reevaluate the ways we use that resource called money. In addition, as Christians we are compelled to see if these patterns align with Biblical teachings and living a Christian life.

Evy McDonald, "Spending Money as if Life Really Mattered" from *Simpler Living, A Compassionate Life*

As we explore the relationship between money and simplicity this week, we ask ourselves the important question: "Where is my treasure?" As Christians we are called to center God and love of neighbor in our lives and to avoid false idols, such as money.

Additionally, how and where we spend our money demonstrates what we value. Do we support small businesses or large corporations? Do we consider the life cycle of a product, or how people's lives might have been affected by the extraction, production, selling and disposal of a product?

ACT

This week, make note of how you spend your money. As you make purchases, ask yourself the question, "*Does this purchase align with my values?*"

View the [Advent Simplicity Calendar](#) for a simple pledge you can state out loud or in prayer to spend money in ways that align with your values.

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